VANDANA international sr. sec. school



Greetings to each one of you and my prayers for your good health and well-being!

Proudly presenting the inaugural edition of our E-Newsletter. It is an endeavour to pioneer new innovations and build new partnerships. We wish to keep all the members of the 'VIS Family' connected and well-informed with the latest news, events and happenings at VIS through the medium of this E-Newsletter.

Enjoy reading and appreciate the efforts of our students!

Vandana International School stands committed for providing quality education to all. We are committed to character building, academic excellence, and inculcation of social, ethical & moral values in our students. Every challenge is taken as yet another opportunity to empower the team of teachers and to train our beloved students in order to emerge winners in the testing times.

At this juncture, when the whole world is blighted by COVID-19 Pandemic, we must strengthen our faith and continue to move on. Hence, during this challenging period, we undertook the initiative to flip classroom teaching into online teaching and learning sessions. With the inception of online streaming of classes, all members of the VIS family shifted their focus towards the academics and enrichment of the young minds. I am proud of all the staff members who have left no stone unturned as facilitators during these trying times. The teachers have redefined their roles and have been providing online classes ,managing classrooms, delivering instructions for remaining safe and healthy at home and assessing student's performance; it is in fact commendable as the same has ensured that there are no impediments in learning .

I, sincerely appreciate the efforts of the students' for following their mentors and continuing with the academics by self-monitoring and becoming more confident and mature to face life independently.

In these times, technology is our pen and paper through this lens we experience the world today. Our team of teachers have been thoroughly trained to surf the tides of change and master the virtual world. The students too are super excited to study – the 21st century way. I am sure that we will keep up the enthusiasm until normalcy returns. I appeal to all of you to stay indoors and healthy.



Shri. V. P. Tandon Chairman



Shri. Harsh Tandon Vice Chairman

Futuristic School

Dear students,

Education is the process of drawing out or bringing out the best of what a person is capable of. We at VIS, value and take pride in drawing out the best from students. To accomplish this objective, the school ensures personalized and effective Teaching-Learning Strategies, a safe, supportive and stimulating learning environment, a wide variety of subject choices and co-curricular activities, effective student well being and discipline procedures.

The Learning Outcomes designed by our team of teachers across scholastic and non-scholastic areas of performance are outlined in such a way, so as to ensure not only personal but universal development, which is achieved through Life-Skills, attitudes and values. The School offers an outstanding educational program that provides students with ample opportunities to achieve comprehensive progress in every expanse that life has to offer and also, not to miss out on the fun that schools are supposed to render. The school provides enriching learning opportunities to you all through cutting edge and futuristic school projects such as MATHS AND ENGLISH LAB,3D LAB, in addition to Model United Nations,Literary Week activities etc.Technology is embedded in the learning process to enhance creativity, inclusion and innovation. The collaborative effort of students, parents, teachers and School Management is at the heart of the learning pathway we follow, in order to achieve the Mission and Vision of the school.

I firmly believe that each one of you can experience success and go on to graduate as a responsible,resilient and confident young adult, well prepared to see the world from a global perspective and not only willing but qualified to take charge of the future and become a dynamic member of the world community. The school's journey that is laced beautifully with triumphs would not have been possible without you.Each day is a new learning experience with you all.

Best wishes for an enriching and fruitful academic year! "Success comes to those who work hard and stays with those, who don't rest on the laurels of the past."

We live today in a world that is so very different from the one we grew up in, the one we were educated in. The world today is changing at such an accelerated rate and we as educators need to pause and reflect on this entire system of Education. The current scenario of nationwide lockdown has thrown before us unprecedented challenges. As we sail through these ruffled times, the challenge is surreal and true for mentors and facilitators like us who have embraced the field of education.

We at VIS work at implementing a well-balanced curriculum to ensure that the children who walk into the portals of our school will not just love their school years but truly be prepared to face life's challenges. "TO MOTIVATE THE WEAK, TO ADDRESS THE AVERAGE AND CHALLENGE THE GIFTED" is the teaching vision of our school. The virtual class room programme started has been a huge success and our technology savvy children have taken to it like a magnet! The presentations and live demonstrations prepared by the teachers have made the virtual teaching impactful .Along with the academics, the coscholastic activities are equally taken care of. We wish that our students remain healthy and agile. Classes for activities like yoga, clay, dance, music, art/craft Taekwondo and physical fitness are taken regularly.

The school philosophy of personalized attention, regular assignments, motivation, proper guidance & counseling along with remedial measures has indeed brought us desired results in the Board examinations and other National Level Scholarship Exams like Olympiads. It is indeed heart-warming to note our outstanding performance in both CBSE Class X & Class XII Board examinations. An exceptionally high number of distinctions and number of students scoring above 90% in the aggregate, has definitely given us a place of pride in the field of school - education. Students have not only shown their brilliance in the academic fields but also displayed their excellence in the field of games and sports Aristotle once said that, "Educating the mind without educating the heart is no education at all." Even as we impart education to match the advancement in technology and globalization, we march our children ahead with VIS' ethos of moral values and principles. We endeavor constantly to instill these qualities in our children. We pride ourselves to help them grow and develop into sensitive and responsible citizens of the next generation. Whatever you have learned from this institution will enable you to stand in good stead in every situation. It will guide and make your life successful and happy. I wish and pray that you imbibe the qualities of human values and become socially conscious, intellectually competent, culturally relevant, morally upright, religiously vibrant and emotionally balanced. I can foresee that you all will certainly reach the heights of glory.

May God bless you abundantly. Wish you all the very best in life.



Smt. Akansha Tandon Academic Director



Smt. Purnima Thakur Vice Principal "Develop a passion for learning. If you do, you will never cease to grow" - Anthony J.D'Angelo

Each new day teaches us new things. The world is grappling with an invisible deadly enemy posed by a virus. Schools are closed, we are confined to our homes, but in every darkness there is light, in every struggle there is a way and in every faith there is hope.

At VIS, we have kept this thought alive through our continuous endeavour ensuring unobstructed circulation of knowledge. Learning has not stopped. We have designed lessons and assignments online by providing virtual instructions. The enriching lessons aim to keep the students on track as they are provided with rich learning opportunities, be it scholastics or co-scholastics.

We have also started with competitions in various domains, in which our students' overwhelming victory makes us feel elated and proud.

The outstanding CBSE Board result (2019-20) of X and XII shows the hard work and dedication of our students and teachers. I heartily congratulate to my dear students and teachers for their great achievement and wish them a good luck in future. Congratulations to parents also for their wards' outstanding performances in their board results.

I would like to extend my heartfelt gratitude to our chairman, Shri V. P. Tandon and the management of the school for their guidance, support and motivation for achieving our goals.

Enjoy reading and cherish the talent and efforts of our students.

May the Almighty bestow you with good health, happiness and peace .

Jai Hind.

VOLUME 1, ISSUE 1 (APRIL - JUNE 2020)





Principal of Vandana group of educational institutions,

Shri V P Tandon received another feather in the cap when awarded with "Asia's Greatest Principal award" for 2020-21. His exemplary services in the field of education earned him this special recognition. This event was organised by 'Humming bird '. This is a remarkable landmark as this award is recognised prestigious not only in India but also on International level.



Vandana International School is the proud recepient of the 'Times Education Icons' award 2019-20 for getting fourth ranking among Dwarka Schools. Our Vice Chairman, Mr Harsh Tandon and Academic Director, Ms Akansha Tandon received it on behalf of all Vandanites. School is proud enough to have qualified in all the parameters, standing true to its mission of holistic education and all round development of students.



ONLINE CLASSROOM



Schools across the globe have been closed in the wake of Coronavirus Pandemic. Our school has been working hard in creating a comprehensive online infrastructure for the effective remote learning of the students. Teachers have utilized the technology and resources to support online learning and ensured students to receive a quality education. We are happy to report that our rigorous experimentation, which began in the third week of March, with various remote teaching tools and platforms have been able to deliver effective online lessons based on active learning approaches and to provide our learners with differentiated support and guidance. Teachers shared a variety of resources in different file formats, presentations, videos, subject enrichment activities to make the learning informative and meaningful. Teachers provided feedback to the learners on their work for further improvement.



SCIENCE EXPERIMENT



"SCIENCE IS ALL AROUND AND THE TRUE METHOD OF KNOWLEDGE IS EXPERIMENT"

Students learn best by doing what they have learnt. Various online experiments have been done by the Junior Scientists of Primary Wing where they got first hand experiences and learnt the value of science in everyday life. Through these experiments students were encouraged to develop a scientific fervor and an attitude of research mindedness. As they carried out these experiments they developed the scientific skills including observations, record keeping and data analysis. These experiments helped the students to connect new ideas to their existing ideas. Students enjoyed these fun filled experiments and developed a sense of pride in their talent.



EARTH DAY



"Earth Day is a day of celebrations and making promises to make it a Happier, Healthier, and Greener planet for generations to come."

World Earth day is celebrated every year on 22nd April. The 50th Anniversary of Earth Day was unlike anyother, as it was celebrated entirely digital due to COVID 19. The theme of the Earth Day 2020 was 'Climate Action'.

On the occasion of the Earth Day, an array of online creative activities was organized with a view to sensitize the children about the conservation of natural resources and to motivate them to do their bit towards making their planet even more beautiful. The students enthusiastically participated in various activities to commemorate our benevolent Mother earth.

They designed beautiful posters, bookmarks etc. with inspiring quotes. They thanked the 'Mother Earth' for all its bountiful gifts in the form of flora, fauna and beautiful landscape.



Abhingy Global School

CERTIFICATE OF ACHIEVEMENT

of class III representing Vandana International School

Consolution position in

Advita

Glue the view

ETHUS A

'Hard Work always pays! '

Congratulations

Advita Sundriyal of class III-C participated in the Annual Inter School Competition 'Enthusiasm organized by Abhinav Global School – Dwarka, New Delhi, and received a certificate under ' Special Mention Category' in the event ' Glue The View'.

Good going Advita and All the best for your future and

SUBJECT ENRICHMENT ACTIVITY

00

"CREATIVITY IS THE KEY TO SUCCESS IN THE FUTURE AND PRIMARY EDUCATION IS WHERE TEACHERS CAN BRING CREATIVITY IN CHILDREN AT THAT LEVEL."

Subject Enrichment activities give a spurt to the learning skills of a child. The child steps into an area of their interest where creativity is unfettered. Enrichment activities throw open plenty of opportunities for the students' and are natural extension to their scholastic pursuits. A number of online Subject Enrichment Activities were conducted by all the subject teachers. These activities were informative, entertaining, value based and thus have a holistic approach to the development of students. Students actively participated in these activities and learnt through hands on experience. These activities promoted critical thinking and problem solving skills, improved student's ability to concentrate and made learning more meaningful. These activities were filled with fun and helped the students to become more engaged in their learning and retain more information.



LADDERS OF SENTENCES







ROMAN NUMBERS

ODD-TODD, EVEN-STEVEN

SPACE SUIT DESIGNERS





MOTHER'S DAY













"A MOTHER UNDERSTANDS WHAT A CHILD DOES NOT SAY." —JEWISH PROVERB

Mother's Day is a great time to celebrate and express our love for our mothers and all the wonderful women in our life. When we think of our mothers a big smile appears on our face. One should always value the affection of their mothers. Therefore this special day calls for some celebration. Our students came forward with their own ways to express their love and gratitude towards their mothers by preparing a bunch of flowers, beautiful cards in which they penned down deep and heart touching messages for them.

Their mothers were deeply touched by their thoughtful gesture.







INTERNATIONAL YOGA DAY









"Take care of your body, it's the only place you have to live." -Jim Rohn

Yoga is an invaluable gift of India's heritage To revive the importance and practice of yoga and to bring to front its benefits, our Prime Minister Narendra Modi proposed the idea of dedicating 21st June as International Yoga Day. Sidelining the strange circumstances that we are forced to live in, students of primary wing with their families participated in the yoga day celebration with full enthusiasm; exhibiting that yoga has the power to fight against any disease and can help us to lead a healthy life.



'Tell me and I forget. Teach me and I remember. Involve me and I learn.' by - Benjamin Franklin

Planting and watching seeds grow is a wonderful experience for children. On the occasion of 'Environment Day' an inspirational activity was organised for the students. Our environmental saviours learnt to sow the seeds and observed the seed grow, mature and transforming to a sapling, spreading the message of taking care of the environment among people.



'Words are the currency of communication', keeping this in mind, activities like- 'Enrich your word power', and 'crossword' were conducted to expose the students of class III – V, to retain new terms that would assist them to prosper. These activities helped them to enhance their 'Vocabulary' and to apply new words in creative ways.



"All creative people want to do the unexpected." – Hedy Lamar

Landforms are the natural features of the surface of Earth. To make the students comprehend in a better way an activity was organised for them. This creative and engaging activity helped them to explore and learn about different landforms found in India. Students participated in this activity with great verve and exhibited awesome samples of their creativity and imagination.



FESTIVALS OF INDIA

"The Greatness of a culture can be found in its festivals"

Every festival brings happiness and harmony between our traditions and rituals. It is very essential to teach the students the importance of festivals in our lives. Some festivals like Mahavir Jayanti, Ram Navmi, Baisakhi, Ambedkar Jayanti have been celebrated during online classes to inculcate the respect and appreciation for India's rich heritage and diversity. The teachers explained about the significance of festivals of all religions to promote love for all races and creeds. These celebrations brought happiness, love and developed a sense of togetherness amongst the students.

Mahavir Janma Kalyanak is one of the most important religious festivals in Jainism. It celebrates the birth of Mahavir the twenty fourth and the last Tirthankara of present Avasarpini. Lord Mahavira was born on the thirteenth day of the rising moon in the month of Chaitra. This year marks the 2618th birth of lord Mahavira. He was also known as Veer, AtiveerSanmati and Vardhaman which means 'One who grows'. The teachings of lord Mahavira include non-violence, truthfulness, nonstealing, and non-attachment.



MAHAVIR JAYANTI (6TH APRIL 2020)



RAM NAVMI (2ND APRIL 2020) Ram Navmi is a spring Hindu festival that celebrates the birthday of the Hindu God Lord Rama.Lord Rama is the seventh avatar of God Vishnu. It falls on the ninth day of the bright fortnight of the month Chaitra. Lord Rama was the Lord Hari himself, incarnated on the earth for the destruction of Ravana.The celebration of Ram Navmi is done with devotion and joy.

Baisakhi or Vaisakhi, the harvest festival, is celebrated with great enthusiasm to mark. the beginning of the new spring and is celebrated in most of India as the New Year by Hindus. It signifies the end of the harvest season in India, marking a time of prosperity for the farmers. Also called as Vaisakhi, it is a festival of tremendous joy and celebration. Baisakhi is especially significant to Punjab and Haryana, The Sikhs celebrate Baisakhi by bathing in the holy river and visiting the Gurudwaras, where they take part in the prayers held during the day. Baisakhi gets everyone into the festive mood, and people like to dance their heart out. Farmers thank God for the bountiful harvest and pray for prosperity in the coming year.



BAISAKHI (13TH APRIL 2020)



AMBEDKAR JAYANTI (14THAPRIL 2020) Every year, Ambedkar's birth anniversary is celebrated on April 14 to honour his countless contributions in the making of the present-day independent India. Ambedkar Jayanti is also known as Bhim Jayanti and is celebrated as a public holiday across India since 2015. Ambedkar led a crusade for the upliftment and empowerment of Dalits in the country. He also made significant contributions toward the establishment of the state of India, drafting of the Constitution and giving ideas that served as the foundation of the Reserve Bank of India (RBI).

ONLINE SUMMER CAMP



All life is an experiment. The more experiments you make the better. - Ralph Waldo Emerson

Science is all about exploration and discovery so our junior scientists were involved in hands on experience and the positive outcome of these experiments granted them with the first hand information. They regarded science as fun and useful for their lives. They also enhanced their learning in science while they were preparing clear and simple explanations of scientific principles. These fun side learning helped them to know about how charges attract and repel, about air pressure, surface tension and many more things.



Creativity and Imagination can change the world.

Comprehending shapes enables a student to be more in tune to the world around them and see the connections between the objects. The students engrossed themselves in the activity 'Fun with Shapes' and created beautiful patterns with different shapes. The patterns created by them were indeed a feast to the eyes. This fun filled activity provided a platform for the students to develop and showcase their latent talent.

ONLINE SUMMER CAMP

" The beautiful thing about learning is that nobody can take it away from you " -- B. B. King.

To keep our little ones engaged during the summer break, we organized the summer camp for them. They were involved in various funfilled activities like cooking without fire, art and craft etc.. For the overall development of a child, curriculum is not the only criteria. The holistic growth is also required to develop the various facets of personality development. Students participated in various activities and enjoyed learning through them.





SUMMERE





















BIRTHDAY CORNER

CLASS- 3

Birthdays are unique times, the more you celebrate, the more you are assured of success. As long as you work hard and never stop believing in yourself, good luck and success shall always accompany you. May your birthday and your life be as wonderful as you are and your smile never fade away.

HAPPY BIRTHDAY! to our vandanaites.... Best Wishes from Team VIS

CLASS-2

YAVI YASHASVI THAKUR KANIKA KATARIA MOHAMMAD AYAAN ADITYA PRAKASH KABEER YADAV NAVTESH MORE SANSKRITI SINGH AARAV GUPTA LAKSHYA VASHISHTH

KAMYA TANWAR MEESHA SANVI VIRAT CHAUHAN KANISHK PRIYANKA SOLANKI SIMRAN MALHOTRA PRAGYA MEENAKSHI THAKUR YASHVARDHAN SINGH RAJVEER SHARMA

SHAIM YASH SHARMA RAMAN CHOURASIA DAKSH HARSHIT KUKRETI ANWESHA MISHRA SHAILY THAKURI MAHI KASHYAP

CLASS-4

AARUSH SHARMA ANUSHKA SHARMA ATHARV TYAGI KARTIK YADAV LAKSHAY DHANKAR VIDHI MAAN VAIBHAV MEHLAWAT ANWESHA BASU MOKSH YADAV NIRANJAN NARWAL RIHAN QUERESHI VANI GOYAL

CLASS-5

CLASS II

ARADYA ZARHAN KHAN NISHANT REETA AARADYA SHRIVASTAV SHREEYASI BHUYAN VIRAJ GAHLOT YASHIKA MAHENDRU ANSHIKA PARASHAR BHUMI JITESH GULIA KANIKA SINGH SWASTIK KAUSHIK

CLASS III

NIRVI AGARWAL TANVI RATHORE YASH GOEL HARSHITA ANAND AMRIT RAJ KAVYA SHARMA ANSH DAHIYA

CLASS IV

KASHVI VIHAAN KESHAV SONAKSHI KUMARI CHITRANGDA SANCHIT GARV BANSAL AATMIK SRIVASTAVA LAVISH DIWAN

CLASS V

BHOOMI VERMA DRISHTI MOGHA SHRISTHY AKSHARA NILAY BHASKAR RITHAM PATWAL TANISHQ BHAVIKA JANGIR NAITIK GUJRAL

CLASS II

ARADHYA SRIVASTAVA BHUMIKA SINGH JEET SONI SANA VERMA GURUVANS SINGH VISHNU TIWARI MANASVI DAWER NAVYA PATYAL TANUSHREE SHAH VIVAAN KUMAR PANDEY

VANI RAWAT ADVIK CHAURASIYA KINJAL AGAMYA VANSH VIHAAN NURUDDIN ANSARI AVIYANSH PAWAR KINJAL PANDEY

CLASS III

CLASS IV

AHAAN SAHU ANGEL KATARIA LAKSHAY GUPTA PRATUSH RAJ RIDDHIMA GIRI SANA ABHINAV CHAUDHARY DIVYANSH BARWA AASHNA ARYAN GUPTA PALAK SHARMA KARAN VERMA AYUSH JAISWAL SAMRIDH PRITAM

CLASS V

SPARSH BANSAL SANJEEV SUZAN DIVYANSHI GOEL DEVANK MEHMI ISSHAN KUMAR MEENA SHREYA GHOSH ANSHIKA PATEL AASTHA SINHA ABHINASH GUPTA AYUSHMAN RAI

JUNE

APRIL

MAY



HEALTHY KIDS

Healthy eating patterns in childhood and adolescence promote optimal childhood health, growth, and intellectual development; while preventing immediate health problems.

Kamal, Vandana and Trinity Group of Educational Institutes recently hosted a webinar "Diet For Kids" with Mrs. Shallu Gupta, Director and HOD of Ojas Nature Care and Yoga Centre. She is a prominent name in Naturopathy and is an award winning Yoga Guru.

The Webinar was attended by parents ,teachers and students. The strategies that Mrs. Shallu Gupta talked about were relevant to the pandemic faced by the world today. With kids at home ,it has become

inevitable to provide nutrition suitable enough to boost immunity and healthy eating behaviour in the long run. The presentation largely talked about being close to nature and understanding our organ clock with a scientific approach. The importance of mindful eating, including 80% of alkaline food where as 20% of acidic food, sleeping patterns and early dinner were emphasised upon.

The presentation was followed by queries from listeners, to which the speaker satisfactorily answered. The management, teachers and parents were ever so thankful to Mrs. Shallu Gupta for such insightful information.





at 5 PM

IMMUNITY ENHANCEMENT THROUGH NATUROPATHY

A great initiative taken by Vandana, Kamal and Trinity group of educational I institutions, A webinar on 'Immunity enhancement through naturopathy' was hosted which, was need of the hour. The program commenced with a welcome address by Mr Harsh Tandon, Vice chairman of Vandana International School.

The webinar was conducted by Dr. D N sharma, a well-known Naturopath of the world and Medical superintendent of Premier Hospital Aditya Yog Naturopathy Hospital and Research Institute.He is National Vice President. INO.

He apprised everyone with the present situation to build up a strong immune system, using all the resources available in the

kitchen and by adding on some simple tips. It was an interactive session.He also focused upon to be optimistic during these days. All the parents and teachers learnt, how to keep themselves healthy during these days of Covid 19 pandemic. It was really an enlightening session. Webinar observed a massive participation through Facebook live and Zoom App.

The vote of thanks to the eminent speaker for the day was extended by Mrs Akanksha Tandon, Academic Director of Vandana International School.



YOGA IS A LIGHT, WHICH ONCE LIT WILL NEVER DIM. THE BETTER YOUR PRACTICE, THE BRIGHTER YOUR FLAME."

- B.K.S IYENGAR

Vandana International Sr. Sec School, Dwarka, New Delhi in association with INO, International Naturopathy Organization,NCR, conducted invigorating an online interactive session to introduce the unique aspects of the Yoga to improve Evesight and Memory Development to acquaint the students with the Naturopathy and Yoga and get rid of the stress caused to their eyes by flashy lights of Screen after attending Online classes in today's crucial time of COVID Lockdown and maintain their peace. School's mental Academic Director Ms Akansha Tandon welcomed the resource person of the event Yogacharya Yudhishter Pal, President INO; NCR who had been the project officer appointed by government of India the Ministry of Health (Ayush) for the research programme on memory development through yoga The students, parents and

teachers participated enthusiastically by asking their queries from Yogacharya ji after the lightening session of over an hour and the webinar was concluded with the vote of thanks delivered by Ms Vice Vandana Tandon, ,Kamal Chairperson Vandana, Gurugram global and Trinity Institutions of Education.



ANDANA, KAMALAND TRNITT CROUT OF DE DECATIONAL INSTITUTOR TAKE PLEASURE IN HOSTING A WEBINARON IMMUNITY ENHANCEMENT THROUGH NATUROPATHY Organisation On June 9, 2020 at 5 PM

National Vice President, INO

"DECODING PARENTING AND SCHOOLING IN THE TIME OF COVID -19"

Bringing school and parents together improves academic and social development of children, which is why Vandana of and Kamal Group Institutes Educational conducted a webinar on Parenting Decoding and Schooling in times of Covid -19' on 20thJune ,2020. Ms. Jyotsna Bharwaj а well known Consultant Psychologist and Career Counsellor was the prominent speaker in this session. She apprised teachers and parents the present situation of emotions and relationship in the time of Covid -19. She discussed the skills and strategies on how to grow confidence and resilience in the children.Parents learnt how to support children in academic, artistic and sporting endeavors without placing undue pressure on the children. Teachers also learnt some tips how to stimulate children to learn in Online classes. The webinar saw a massive participation of over 2600 participants. The vote of thanks to the revered speaker for the day was extended by Ms. Preeti Sinha, the school counsellor of Vandana International School. It was indeed a very enlightened webinar.



on 20 June, 2020 (Saturday) in the comments section, FB page: vandanainternationalschoo